

# SENIOR DANCE CLASSES

Presented by the  
CAMDEN COUNTY  
BOARD OF COMMISSIONERS

**FREE SENIOR DANCE CLASSES  
DURING THE SPRING, FOR AGES 60+**

The class will teach a structured therapeutic dance for individuals. It is fun and geared to help improve and/or maintain strength and flexibility.

You **MUST** be a Camden County resident in order to participate.

Class sizes are limited to 20 per event. Registration is on a first come, first served, basis. Please register by going to:  
**<https://camdencounty.info/SeniorDanceClasses>**

Should you have any questions, or require additional information, please contact Leslie Ramos by email; **[Leslie.Ramos@camdencounty.com](mailto:Leslie.Ramos@camdencounty.com)**, or call **(856) 858-3251**.

**CAROL NORCROSS SOCIAL WELLNESS CENTER**  
512 LAKELAND ROAD  
BLACKWOOD, NJ 08012

**APRIL: 4TH, 21ST - 12:30PM-1:30PM**  
**MAY: 4TH, 15TH - 12:30PM-1:30PM**  
**JUNE: 9TH, 13TH - 12:30PM-1:30PM**

**PINE HILL CONGREGATE NUTRITION PROGRAM**  
131 E. 12TH AVE.  
PINE HILL, NJ 08021

**APRIL: 13TH - 10:30PM-11:30AM**  
**MAY: 18TH - 10:30PM-11:30AM**  
**JUNE: 22ND - 10:30PM-11:30AM**

For Weekly Newsletter  
[camdencounty.com/signup](https://camdencounty.com/signup)



CamdenCountyNJ



camden county

Making It Better, Together.